

Port Macquarie Triathlon Club
2009/10 Season
Race 7 - 1km/30km/8km

SPONSORED BY FREDO'S MEATS

17 January 2010 - Rocks Ferry Park, Wauchope



| Place | Bib Number | | | GRADE | Finish Time | Start Delay | Actual Time | Championship Points |
|-------|------------|----------|-------------|-------|-------------|-------------|-------------|---------------------|
| 1 | 40 | Adam | Holborow | A | 1:47:49 | 0:13:30 | 1:34:19 | 15 |
| 2 | 37 | Shaun | Vidler | A | 1:52:13 | 0:13:30 | 1:38:43 | 14 |
| 3 | 18 | Rob | Johnston | A | 1:54:41 | 0:13:30 | 1:41:11 | 13 |
| 4 | 19 | Tony | Green | A | 1:56:43 | 0:13:30 | 1:43:13 | 12 |
| 5 | 20 | Scott | Charlton | A | 1:57:04 | 0:13:30 | 1:43:34 | 11 |
| 6 | 15 | Nic | Hurlston | A | 1:57:42 | 0:13:30 | 1:44:12 | 10 |
| 7 | 39 | Cameron | Pensini | A | 1:59:42 | 0:13:30 | 1:46:12 | 9 |
| 8 | 38 | Gary | Watson | A | 2:00:00 | 0:13:30 | 1:46:30 | 8 |
| 9 | 68 | Ed | Godschalk | B | 2:01:00 | 0:13:30 | 1:47:30 | 15 |
| 10 | 88 | David | Barnes | B | 2:01:43 | 0:13:30 | 1:48:13 | 14 |
| 11 | 66 | Ron | Wilson | B | 2:02:12 | 0:13:30 | 1:48:42 | 13 |
| 12 | 16 | Ben | Johnson | A | 2:03:43 | 0:13:30 | 1:50:13 | 7 |
| 13 | 92 | Ben | Wilkes | B | 2:03:53 | 0:13:30 | 1:50:23 | 12 |
| 14 | 67 | David | Gray | B | 2:06:10 | 0:13:30 | 1:52:40 | 11 |
| 15 | 97 | Mick | Baldwin | B | 2:06:31 | 0:13:30 | 1:53:01 | 10 |
| 16 | 36 | Ben | Nolan | A | 2:07:15 | 0:13:30 | 1:53:45 | 6 |
| 17 | 65 | Kylie | Lucas | B | 2:07:52 | 0:13:30 | 1:54:22 | 9 |
| 18 | 148 | Anthony | Paske | B | 1:54:57 | 0:00:00 | 1:54:57 | 8 |
| 19 | 91 | Todd | Cockshutt | B | 2:08:51 | 0:13:30 | 1:55:21 | 7 |
| 20 | 93 | Laura | Cook | B | 2:10:14 | 0:13:30 | 1:56:44 | 6 |
| 21 | 69 | Marion | Pyrlik | B | 2:11:07 | 0:13:30 | 1:57:37 | 5 |
| 22 | 70 | Phil | Marchingo | B | 2:11:50 | 0:13:30 | 1:58:20 | 4 |
| 23 | 95 | Jane | Halliburton | B | 2:12:37 | 0:13:30 | 1:59:07 | 3 |
| 24 | 138 | Scott | Bone | C | 1:59:18 | 0:00:00 | 1:59:18 | 15 |
| 25 | 146 | Kate | Lister | C | 2:01:48 | 0:00:00 | 2:01:48 | 14 |
| 26 | 175 | Joel | Pateman | D | 2:02:46 | 0:00:00 | 2:02:46 | 15 |
| 27 | 143 | Russell | Kilpatrick | C | 2:02:59 | 0:00:00 | 2:02:59 | 13 |
| 28 | 119 | Geoff | Freeman | C | 2:03:17 | 0:00:00 | 2:03:17 | 12 |
| 29 | 144 | Madi | Roberts | C | 2:04:37 | 0:00:00 | 2:04:37 | 11 |
| 30 | 139 | Jack | Sim | C | 2:04:53 | 0:00:00 | 2:04:53 | 10 |
| 31 | 168 | Simon | Ross | D | 2:06:14 | 0:00:00 | 2:06:14 | 14 |
| 32 | 120 | Jodie | Baker | C | 2:06:15 | 0:00:00 | 2:06:15 | 9 |
| 33 | 147 | Kate | Pensini | C | 2:06:19 | 0:00:00 | 2:06:19 | 8 |
| 34 | 118 | Cliff | Hoefl | C | 2:06:53 | 0:00:00 | 2:06:53 | 7 |
| 35 | 145 | Jo | Pilgrim | C | 2:07:13 | 0:00:00 | 2:07:13 | 6 |
| 36 | 96 | Karen | McElligott | B | 2:21:29 | 0:13:30 | 2:07:59 | 2 |
| 37 | 197 | Scott | McPhail | D | 2:08:18 | 0:00:00 | 2:08:18 | 13 |
| 38 | 137 | Leanne | Mallyon | C | 2:09:19 | 0:00:00 | 2:09:19 | 5 |
| 39 | 198 | Peter | Brooks | D | 2:10:21 | 0:00:00 | 2:10:21 | 12 |
| 40 | 141 | Jason | Hilton | C | 2:12:46 | 0:00:00 | 2:12:46 | 4 |
| 41 | 190 | Beryl | Wilson | D | 2:15:27 | 0:00:00 | 2:15:27 | 11 |
| 42 | 167 | Peter | Muney | D | 2:17:26 | 0:00:00 | 2:17:26 | 10 |
| 43 | 142 | Caroline | Turnham | C | 2:18:09 | 0:00:00 | 2:18:09 | 3 |
| 44 | 193 | Ros | Trotter | D | 2:18:54 | 0:00:00 | 2:18:54 | 9 |
| 45 | 191 | Graham | Pill | D | 2:20:14 | 0:00:00 | 2:20:14 | 8 |
| 46 | 165 | Sonia | Nash | D | 2:20:57 | 0:00:00 | 2:20:57 | 7 |
| 47 | 170 | Nelly | Hilton | D | 2:24:54 | 0:00:00 | 2:24:54 | 6 |
| 48 | 89 | Rod | Wilkes | B | DNF | | | 0 |
| 49 | 181 | Kim | Turnham | D | DNF | | | 0 |
| 50 | 14 | Tony | McCutcheon | A | DNF | | | 0 |

SHORT DISTANCE (333m/10km/4km)

| Place | Bib Number | | | GRADE | Finish Time | Start Delay | Actual Time | Championship Points |
|-------|------------|---------|------------|-------|-------------|-------------|-------------|---------------------|
| 1 | 224 | Justeen | Single | H | 0:59:12 | 0:09:30 | 0:49:42 | 15 |
| 2 | 221 | Sam | Lewis | H | 1:01:04 | 0:09:30 | 0:51:34 | 14 |
| 3 | 223 | Peter | Monkley | H | 1:01:24 | 0:09:30 | 0:51:54 | 13 |
| 4 | 222 | Meaghan | McElligott | H | 1:04:08 | 0:09:30 | 0:54:38 | 12 |

Graded Results
Race 7 - 17 January 2010

| A Grade | | | | GRADE | Finish Time | Start Delay | Actual Time | Championship Points |
|----------------|----|---------|------------|--------------|--------------------|--------------------|--------------------|----------------------------|
| 1 | 40 | Adam | Holborow | A | 1:47:49 | 0:13:30 | 1:34:19 | 15 |
| 2 | 37 | Shaun | Vidler | A | 1:52:13 | 0:13:30 | 1:38:43 | 14 |
| 3 | 18 | Rob | Johnston | A | 1:54:41 | 0:13:30 | 1:41:11 | 13 |
| 4 | 19 | Tony | Green | A | 1:56:43 | 0:13:30 | 1:43:13 | 12 |
| 5 | 20 | Scott | Charlton | A | 1:57:04 | 0:13:30 | 1:43:34 | 11 |
| 6 | 15 | Nic | Hurlston | A | 1:57:42 | 0:13:30 | 1:44:12 | 10 |
| 7 | 39 | Cameron | Pensini | A | 1:59:42 | 0:13:30 | 1:46:12 | 9 |
| 8 | 38 | Gary | Watson | A | 2:00:00 | 0:13:30 | 1:46:30 | 8 |
| 9 | 16 | Ben | Johnson | A | 2:03:43 | 0:13:30 | 1:50:13 | 7 |
| 10 | 36 | Ben | Nolan | A | 2:07:15 | 0:13:30 | 1:53:45 | 6 |
| 11 | 14 | Tony | McCutcheon | A | DNF | | | 0 |
| | | Luke | Morris | A | RACE DUTY | | | 15 |

| B Grade | | | | GRADE | Finish Time | Start Delay | Actual Time | Championship Points |
|----------------|-----|----------|-------------|--------------|--------------------|--------------------|--------------------|----------------------------|
| 1 | 68 | Ed | Godschalk | B | 2:01:00 | 0:13:30 | 1:47:30 | 15 |
| 2 | 88 | David | Barnes | B | 2:01:43 | 0:13:30 | 1:48:13 | 14 |
| 3 | 66 | Ron | Wilson | B | 2:02:12 | 0:13:30 | 1:48:42 | 13 |
| 4 | 92 | Ben | Wilkes | B | 2:03:53 | 0:13:30 | 1:50:23 | 12 |
| 5 | 67 | David | Gray | B | 2:06:10 | 0:13:30 | 1:52:40 | 11 |
| 6 | 97 | Mick | Baldwin | B | 2:06:31 | 0:13:30 | 1:53:01 | 10 |
| 7 | 65 | Kylie | Lucas | B | 2:07:52 | 0:13:30 | 1:54:22 | 9 |
| 8 | 148 | Anthony | Paske | B | 1:54:57 | 0:00:00 | 1:54:57 | 8 |
| 9 | 91 | Todd | Cockshutt | B | 2:08:51 | 0:13:30 | 1:55:21 | 7 |
| 10 | 93 | Laura | Cook | B | 2:10:14 | 0:13:30 | 1:56:44 | 6 |
| 11 | 69 | Marion | Pyrlik | B | 2:11:07 | 0:13:30 | 1:57:37 | 5 |
| 12 | 70 | Phil | Marchingo | B | 2:11:50 | 0:13:30 | 1:58:20 | 4 |
| 13 | 95 | Jane | Halliburton | B | 2:12:37 | 0:13:30 | 1:59:07 | 3 |
| 14 | 96 | Karen | McElligott | B | 2:21:29 | 0:13:30 | 2:07:59 | 2 |
| 15 | 89 | Rod | Wilkes | B | DNF | | | 0 |
| | | Steve | Johns | B | RACE DUTY | | | 15 |
| | | Ian | Gooding | B | RACE DUTY | | | 15 |
| | | Michelle | McDonald | B | RACE DUTY | | | 15 |

| C Grade | | | | GRADE | Finish Time | Start Delay | Actual Time | Championship Points |
|----------------|-----|----------|------------|--------------|--------------------|--------------------|--------------------|----------------------------|
| 1 | 138 | Scott | Bone | C | 1:59:18 | 0:00:00 | 1:59:18 | 15 |
| 2 | 146 | Kate | Lister | C | 2:01:48 | 0:00:00 | 2:01:48 | 14 |
| 3 | 143 | Russell | Kilpatrick | C | 2:02:59 | 0:00:00 | 2:02:59 | 13 |
| 4 | 119 | Geoff | Freeman | C | 2:03:17 | 0:00:00 | 2:03:17 | 12 |
| 5 | 144 | Madi | Roberts | C | 2:04:37 | 0:00:00 | 2:04:37 | 11 |
| 6 | 139 | Jack | Sim | C | 2:04:53 | 0:00:00 | 2:04:53 | 10 |
| 7 | 120 | Jodie | Baker | C | 2:06:15 | 0:00:00 | 2:06:15 | 9 |
| 8 | 147 | Kate | Pensini | C | 2:06:19 | 0:00:00 | 2:06:19 | 8 |
| 9 | 118 | Cliff | Hoeft | C | 2:06:53 | 0:00:00 | 2:06:53 | 7 |
| 10 | 145 | Jo | Pilgrim | C | 2:07:13 | 0:00:00 | 2:07:13 | 6 |
| 11 | 137 | Leanne | Mallyon | C | 2:09:19 | 0:00:00 | 2:09:19 | 5 |
| 12 | 141 | Jason | Hilton | C | 2:12:46 | 0:00:00 | 2:12:46 | 4 |
| 13 | 142 | Caroline | Turnham | C | 2:18:09 | 0:00:00 | 2:18:09 | 3 |
| | | John | Heckenberg | C | RACE DUTY | | | tba |

| <u>D Grade</u> | | | | GRADE | Finish Time | Start Delay | Actual Time | Championship Points |
|----------------|-----|---------|----------|-------|-------------|-------------|-------------|---------------------|
| 1 | 175 | Joel | Pateman | D | 2:02:46 | 0:00:00 | 2:02:46 | 15 |
| 2 | 168 | Simon | Ross | D | 2:06:14 | 0:00:00 | 2:06:14 | 14 |
| 3 | 197 | Scott | McPhail | D | 2:08:18 | 0:00:00 | 2:08:18 | 13 |
| 4 | 198 | Peter | Brooks | D | 2:10:21 | 0:00:00 | 2:10:21 | 12 |
| 5 | 190 | Beryl | Wilson | D | 2:15:27 | 0:00:00 | 2:15:27 | 11 |
| 6 | 167 | Peter | Muney | D | 2:17:26 | 0:00:00 | 2:17:26 | 10 |
| 7 | 193 | Ros | Trotter | D | 2:18:54 | 0:00:00 | 2:18:54 | 9 |
| 8 | 191 | Graham | Pill | D | 2:20:14 | 0:00:00 | 2:20:14 | 8 |
| 9 | 165 | Sonia | Nash | D | 2:20:57 | 0:00:00 | 2:20:57 | 7 |
| 10 | 170 | Nelly | Hilton | D | 2:24:54 | 0:00:00 | 2:24:54 | 6 |
| 11 | 181 | Kim | Turnham | D | DNF | | | 0 |
| | | John | Sullivan | D | RACE DUTY | | | 15 |
| | | Raelene | Monkley | D | RACE DUTY | | | 15 |
| | | Justin | Levido | D | RACE DUTY | | | 15 |
| | | Julie | Parish | D | RACE DUTY | | | 15 |
| | | Linda | Perkins | D | RACE DUTY | | | 15 |

SHORT DISTANCE (333m/10km/4km)

| Place | Bib Number | | | GRADE | Finish Time | Start Delay | Actual Time | Championship Points |
|-------|------------|---------|------------|-------|-------------|-------------|-------------|---------------------|
| 1 | 224 | Justeen | Single | H | 0:59:12 | 0:09:30 | 0:49:42 | 15 |
| 2 | 221 | Sam | Lewis | H | 1:01:04 | 0:09:30 | 0:51:34 | 14 |
| 3 | 223 | Peter | Monkley | H | 1:01:24 | 0:09:30 | 0:51:54 | 13 |
| 4 | 222 | Meaghan | McElligott | H | 1:04:08 | 0:09:30 | 0:54:38 | 12 |

Congratulations!

| | | | |
|---------|--------|---------|-----------|
| A Grade | male | Adam | Holborow |
| | female | - | - |
| B Grade | male | Ed | Godschalk |
| | female | Kylie | Lucas |
| C Grade | male | Scott | Bone |
| | female | Kate | Lister |
| D Grade | male | Joel | Pateman |
| | female | Beryl | Wilson |
| Half | male | Sam | Lewis |
| | female | Justeen | Single |



Grade Promotions after Race 7

Joel Pateman *Up to C Grade*
 Simon Ross *Up to C Grade*
 Scott McPhail *Up to C Grade*